

CHANT TO THE PRECEPTOR

GURU MANTRA

ॐ रु मन्त्र

THIS PROFOUND VEDIC HYMN IN PRAISE OF
ILLUMINEDPRECEPTORS IS TRADITIONALLY CHANTED
BY DISCIPLES UPON THEIR GURU'S ARRIVAL. HANDS ARE
HELD IN THE WORSHIPFUL POSE, AÑJALI MUDRĀ.

ॐ न कर्मणा न प्रजया धनेन त्यागेनैके अमृतत्व मानशुः ।
परैण नाकं निहितं गुहायां विभ्राजदेत्यद्यंतयो विशन्ति ।

Aum na karmanā na prajayā dhanēna
thyāgēnaike amṛitaṭva mā naśuḥ,
pareṇa nākaṅ nihitaṅ guhāyām
vibhrājāde tadyadyatayo viśanti.

*Immortality is attained not by work, not by progeny,
not by wealth, but only by renunciation.*

*That which recluses attain is laid beyond the heaven,
yet it shines brilliantly in the purified heart.*

वेदान्तविज्ञानं सुनिश्चितार्थाः सन्न्यासयोगाद्यतयः शुद्धसत्त्वाः ।
ते ब्रह्मलोकेतु परान्तकाले परामृतात्परिमुच्यन्ति सर्वे ॥

Vedāntavijñānaṅ suniśchitārthāḥ sannyāsa
yogādya tāyaḥ śuddhasattvāḥ,
te brāhmaloketu parāntakāle
parā mṛitātparimuchyanti sarve.

*Having attained the immortality consisting of identity with
the Supreme, aspirants who strive for self-control, who have
realized the conclusions of the Vedas and have attained purity*

of mind through yoga, and steadfastness in the knowledge of Brahman, preceded by renunciation, are released into the region of Brahman at the dissolution of their final body.

द॒हं वि॒पापं॑ प॒रमे॑ऽश्म॒भूतं॑ यत्पु॒ण्डरी॑कं पु॒रम॑ध्यस॒ग्गस्थ॑म् ।
तत्रा॒पि द॒हं ग॒गनं॑ वि॒शोकं॑ स्तस्मिन् यद॒न्तस्तदु॑पा॒सित॒व्यम् ।

dahram vipāpam paramēśma bhūtam yatpūṇḍarīkam
puramādhyā saggustham,
tatrāpi dahram gaganam viśoka stasmin yadantastadupa-
sitavyam.

In the citadel of the body there is the small, sinless and pure lotus of the heart which is the residence of the Supreme. Further in the interior of this small area there is the sorrowless ether. That is to be meditated upon continually.

यो वेदा॒दौ स्व॑रः प्रो॒क्तो वे॒दान्ते॑ च प्र॒तिष्ठि॑तः ।
तस्य॑ प्र॒कृति॑ली॒नस्य॑ यः परः॑ स म॒हेश्व॑रः ॥

Yo vedādaḥ svārah prokto vedāntē cha
pratishṭhitaḥ, tasya prakṛiti-līnasya yaḥ paraḥ sa
maheśvārah.

He is the Supreme Lord who transcends the syllable Aum which is uttered at the commencement of the recital of the Vedas, which is well established in the Upanishads and which is dissolved in the primal cause during contemplation. *Krishṇa Yajur Veda, Mahānārāyaṇa Upanishad, 10.21-24.*